AL-KISA
FOUNDATION
UNDER THE CLOAK OF GUIDANCE AND MERCY

Arbaeen Projects

ARBAEEN 1438 | 2016

AL-KISA FOUNDATION

UNDER THE CLOAK OF GUIDANCE AND MERCY

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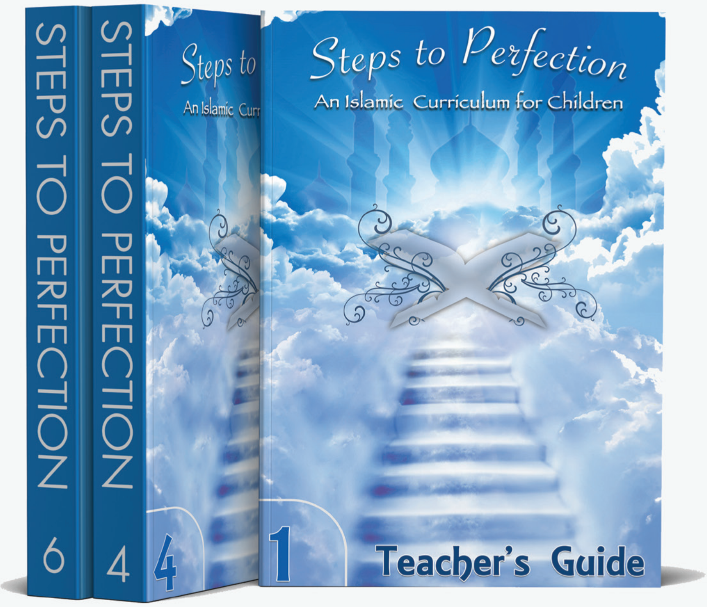
THE GUIDING LIGHT
A collection of Quranic Verses and Sayings from the 14 Ma'soomeen
Kisa Kids Publications
الا بذكر الله تطمئن القلوب
"Surely, in the remembrance of Allah do hearts find rest."
ALLAH LOVES YOU
Kisa Kids Publications
ANIMALS IN THE QURAN
Kisa Kids Publications

CHILDREN'S LITERATURE


STEPS TO PERFECTION 6
STEPS TO PERFECTION 4
Steps to Perfection
An Islamic Curriculum for Children
4
1
Teacher's Guide

ISLAMIC CURRICULUM

يا حسين
Husayn(a) is the Boat of Rescue
YA HUSSAIN

ISLAMIC PROJECTS

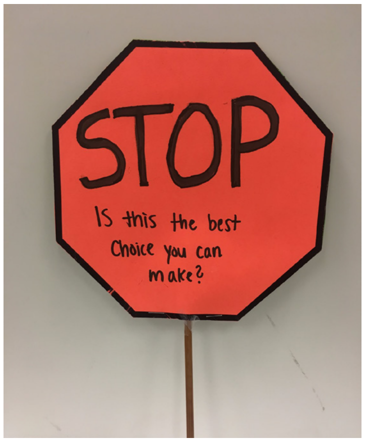
‘Amr bil Ma’roof and Nahy ‘anil Munkar

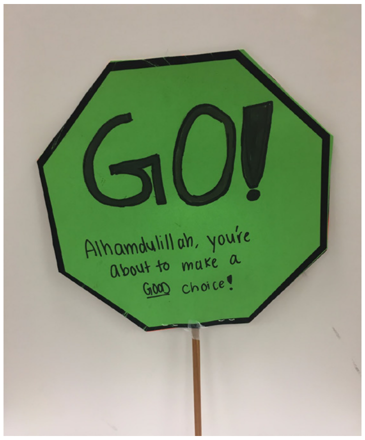
Objective: Students will learn about two of the Furoo ad-Deen, ‘Amr bil Ma’roof and Nahy ‘anil Munkar, and how they were one of the reasons why Imam Husain (A) rose up.

Suggested Ages: 5+

Time: 30 minutes

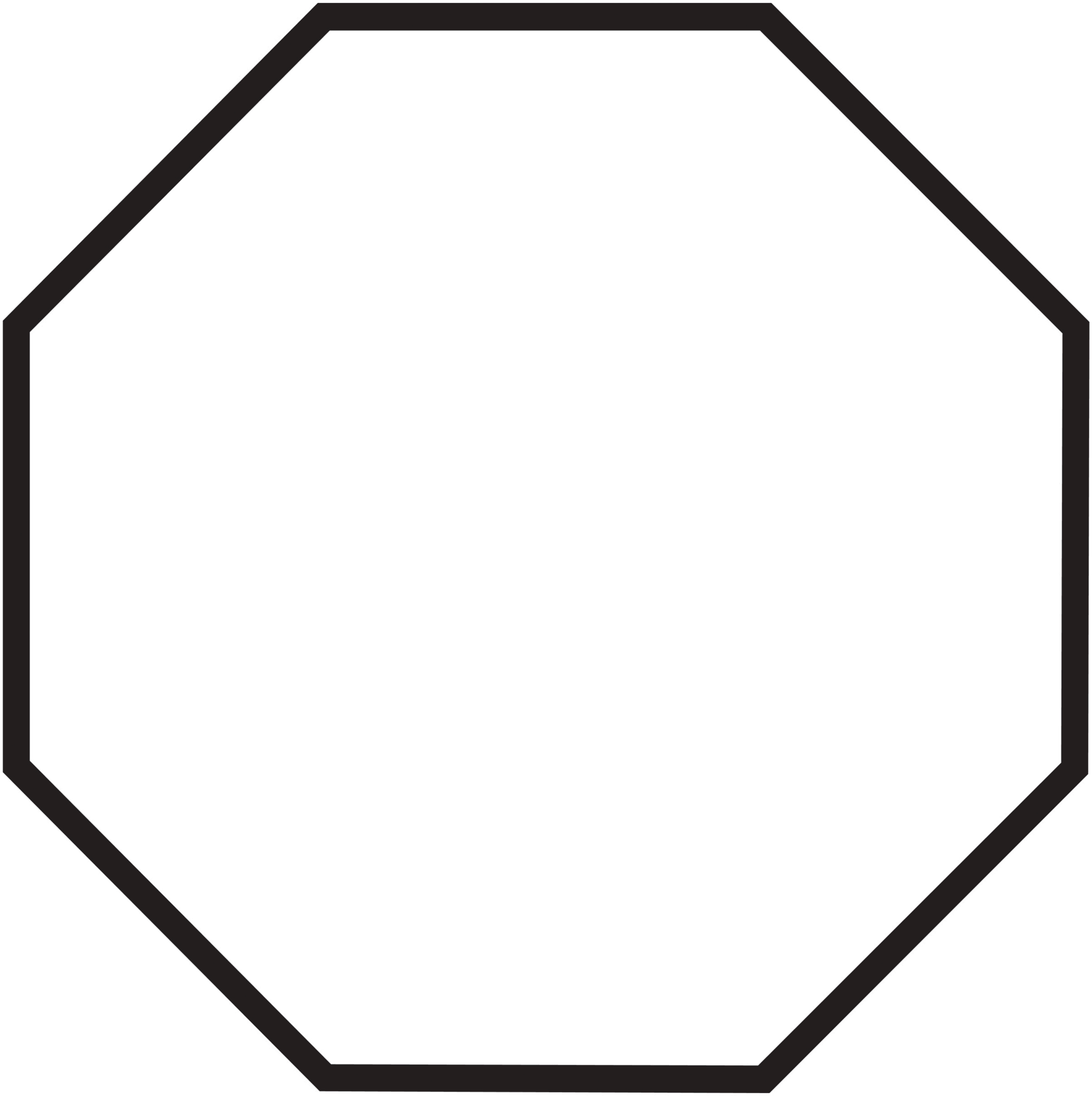
Materials:
- Stop sign template (Attached)
- Red and green paper
- Markers
- Wooden sticks
- Scissors
- Tape
- Glue sticks



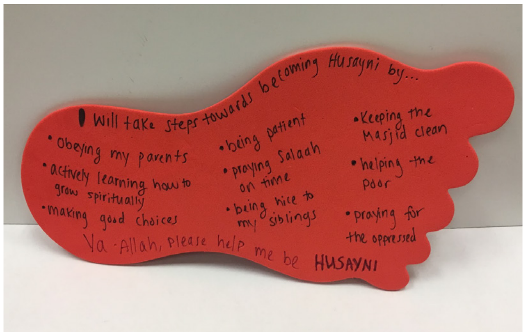


Procedure:
1. Ask students if they know what the Furoo ad-Deen are. Wait for answers.
2. Mention that we have 10 Furoo ad-Deen, and these are the branches, or practices, of our religion. Does anyone know what the 7th and 8th of the Furoo ad-Deen are? Wait for answers until someone mentions ‘Amr bil Ma’roof and Nahy ‘anil Munkar.
3. ‘Amr bil Ma’roof means to invite people towards doing good things and making good choices that make Allah happy. Can anyone think of any examples?
    a. Inviting others to pray, go to the Masjid, listen to the speech, pick up trash, help parents, volunteer in the Masjid, etc.
4. Nahy ‘anil Munkar means to stop people from making bad choices that make Allah upset. What are some examples?
    a. Lying, making a mess, running around, talking during the speech, being mean to others, bullying, talking about others, etc.
5. Before Imam Husain (A) headed towards Karbala, he wrote a letter to his brother. In this letter, he stated some of his reasons for standing up against Yazid. Can anyone guess what one of these reasons might be?
    a. ‘Amr bil Ma’roof and Nahy ‘anil Munkar
6. You see, during that time, many of the Muslims were confused. Because Yazid was spreading lies, people were making bad choices and doing things they shouldn’t have been doing. So, Imam Husain (A) wanted to invite people towards the truth and help them stop making bad choices. This is one of the things he wants us to do, too. Earlier, we mentioned some examples of doing ‘Amr bil Ma’roof and Nahy ‘anil Munkar, but we should make sure that we practice this in the proper way. There are some steps we must follow:
    a. Make sure that what the person is doing is wrong
    b. By saying something, there’s a good chance they will listen to your advice
    c. This is a bad habit the person has formed (not just a one time thing)
    d. Your intention should be to help that person
    e. If you don’t think you can say anything, then at least make du’a for that person
    f. Make sure you say it in the nicest way possible
7. Make sure you print the stop sign template on the red and green paper. If you do not have red or green paper available, you can print on regular white paper, and have children color it in afterwards.
8. Today, we are going to make STOP and GO signs to help remind us that we should try to do ‘Amr bil Ma’roof and Nahy ‘anil Munkar.

9. Hand each child one red paper and one green paper with the stop sign on it. Have them cut out the stop signs.
10. On the green stop sign, they can write “GO!” big and on the bottom “Alhamdulillah, you’re about to make a GOOD choice!”
11. On the red stop sign, they can write “STOP” big and on the bottom “Is this the best choice you can make?”
12. Then, on the back of the green sign, place the stick and tape it. Put glue all over. Then, stick the red stop sign on top. You might need to reinforce the bottom of the sign by stapling it and using glue.



Footsteps Towards Husain (A)


I will take steps towards becoming Husayni by...
• Obeying my parents
• actively learning how to grow spiritually
• making good choices
• being patient
• praying Salaah on time
• being nice to my siblings
• Keeping the Masjid clean
• helping the poor
• praying for the oppressed
Ya Allah, please help me be HUSAYNI

Objective: Students will learn about the annual Arbaeen walk and discuss how we can take footsteps towards becoming Husayni.

Suggested Ages: 5+

Time: 30 minutes

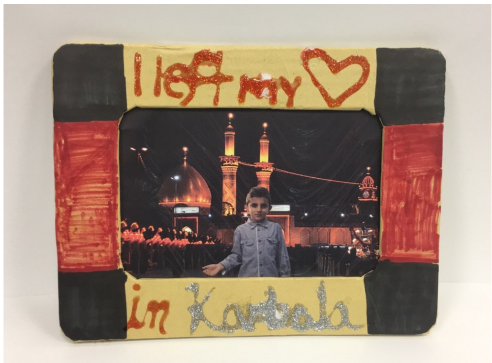
Materials:

- Foam sheets (4"x6") OR order Foostep foam cutouts (http://www.orientaltrading.com/web/browse/processProductsCatalog?sku=48/7702)
- Scissors
- Thin sharpies
- Glitter (optional)
- Projector and laptop (optional)

Procedure:

1. Ask students if they know what event is coming up. (Wait for answers until someone says Arbaeen.)
2. Does anyone know what Arbaeen is?
    a. Arbaeen marks 40 days after Ashura, when Imam Husain (A) was killed.
3. Every year, millions of people walk towards Karbala, some from Najaf, some from even further. This walk takes anywhere from 1-15 days. Why do you think they do this?
4. One of the reasons people take up this walk is to signify the walk of Sayyidah Zaynab (A) and the other Ahlul Bayt who went through such difficulties from Karbala to Kufa to Damascus and back to Karbala. Also, Imam as-Sadiq (A) has said, "The one who visits the grave of Imam Husain (A), Allah writes down good deeds for him at every step, and forgives his sins at each step."
5. Every year, millions of people from all over the world take up this walk. And on the way to Karbala, there are tents lined up, by the local Iraqis. At each tent, they offer whatever they can to the pilgrims of Imam Husain (A). Some pass out waters. Others provide tea. Some give food, some give dates, some give tissues. They save up all year just so they can serve the visitors of Imam Husain (A) and offer whatever they can.
6. **OPTIONAL:** We are going to watch a short video so you all can get a glimpse of the great Arbaeen walk. Show video: https://www.youtube.com/watch?v=F391Cdtj1sc
7. Although we can't be in Karbala to complete the walk this year, we can still take steps towards becoming more Husayni - people who imitate the characteristics of Imam Husain (A). For the past 40 days, we've learned about Imam Husain (A) through Majaalis and how he was as a person. WHat are some steps that we can take in our lives to become like the follower of Imam Husain (A).
    a. Brainstorm a list on the board. Some ideas: Listening to parents, reciting Quran, being patient, picking up trash, helping others, doing 'amr bil ma'roof and nahy 'anil munkar
8. At this time, pass out a footstep to each student. Or, give them a foam sheet, and using a sharpie, have them trace their foot on the foam and cut it out.
9. On the board write: I WILL TAKE STEPS TOWARDS BECOMING HUSAYNI BY...
10. Have students copy this phrase on the top of their foot using thin sharpies. Then, they can write some of the actions they will take towards becoming Husayni.
11. On the bottom of their foot, they can write, "YA ALLAH, PLEASE HELP ME BE HUSAYNI!"
12. You can print out a large picture of Imam Husain's (A) haram and stick on the wall. Then, you can staple all the foot steps on the wall heading towards the haram.

Karbala Frames



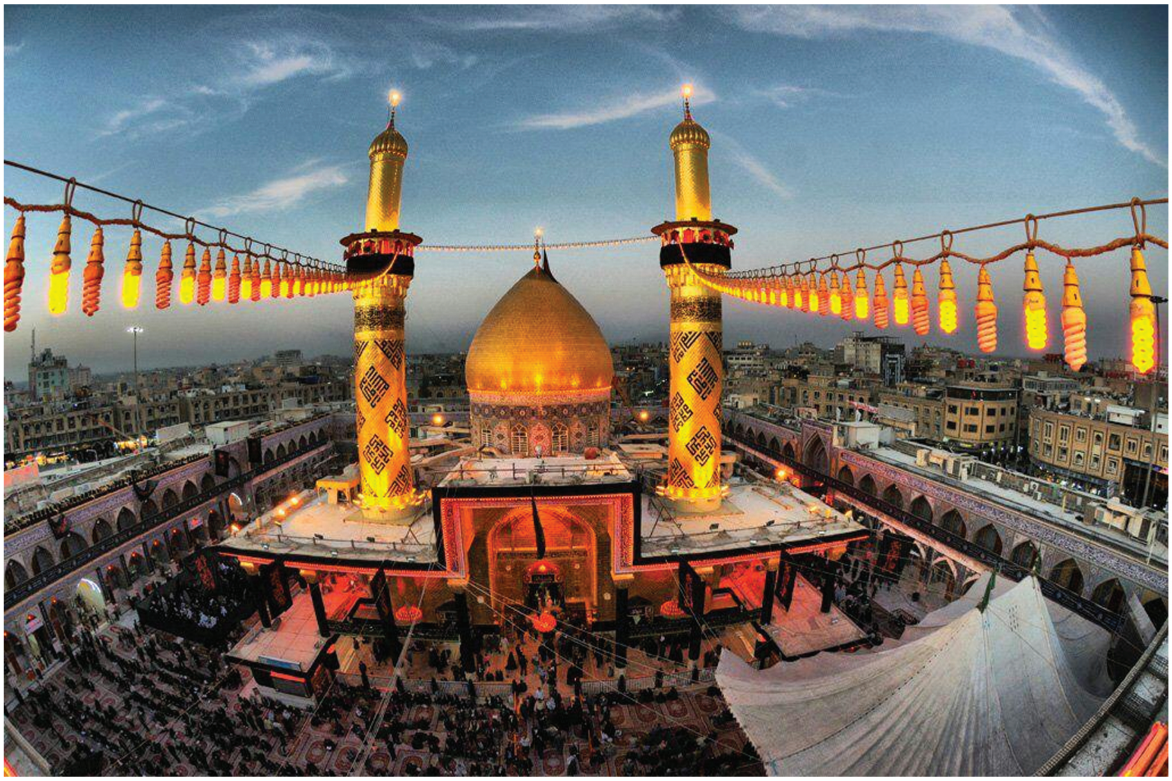
Objective: Students will learn about the significance of Ziyaarah to the shrine of Imam Husain (A)

Suggested Ages: 5+

Time: 45 Minutes

Materials:
- DIY Frames
  (http://www.orientaltrading.com/diy-picture-frames---12-pcs-a2-48_1491.fltr?Ntt=picture%20frames
- Markers/sharpies
- Imam Husain (A) shrine pictures (4x6")

Procedure:
1. Ask students if they know what "Ziyaarah" means. Ziyaarah means to visit someone. Whom do we do ziyaraah of?
    a. The Prophet (S), the Imams (A)
2. Ask students if they know why we do ziyaarah? Can't we just visit the Imams from here? When you love someone who lives far away, like your grandparent, don't you want to visit them? Why can't you just skype them? You can, but visiting them is more special and allows you to build a deeper bond with them.
3. We do Ziyaarah because certain places have a special barakah. The shrines of the Prophet (S) and the Imams hold special blessings. People go to Ziyaraah, because these are some of the places where du'as are answered. By visiting the shrines of the Imams, we are also able to increase our imaan and move closer to Allah, since they have a special barakaah.
4. Tell students that since we cannot be in the shrine of Imam Husain (A) this Arbaeen with the millions of others, we will be decorating frames, which they can decorate. Then, we will put a picture of the shrine inside, so we can at least do Ziyaarah of Aba Abdillah from here, whenever we look at the frame.
5. Hand each student a frame. Allow students to decorate their frames with words that describe their love for Imam Husain (A) or du'a for their own ziyaarah to Imam Husain's (A) shrine one day. Then, they can cut and put a picture of the shrine inside.
6. Alternatively, you could take a picture of each child and photoshop them in front of the haram, and they could put this picture inside their frame.



Karbala Quilt

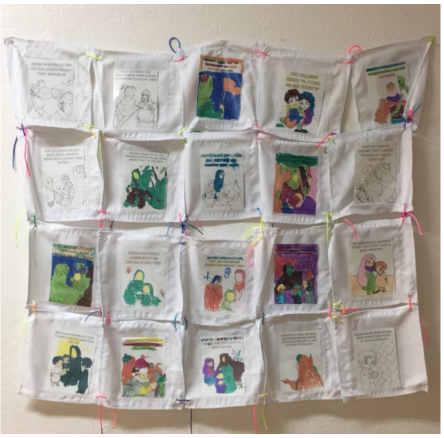
Objective: Students will learn about the different events of Karbala while creating a quilt.

Suggested Ages: 5+

Time: 30 minutes

Materials:

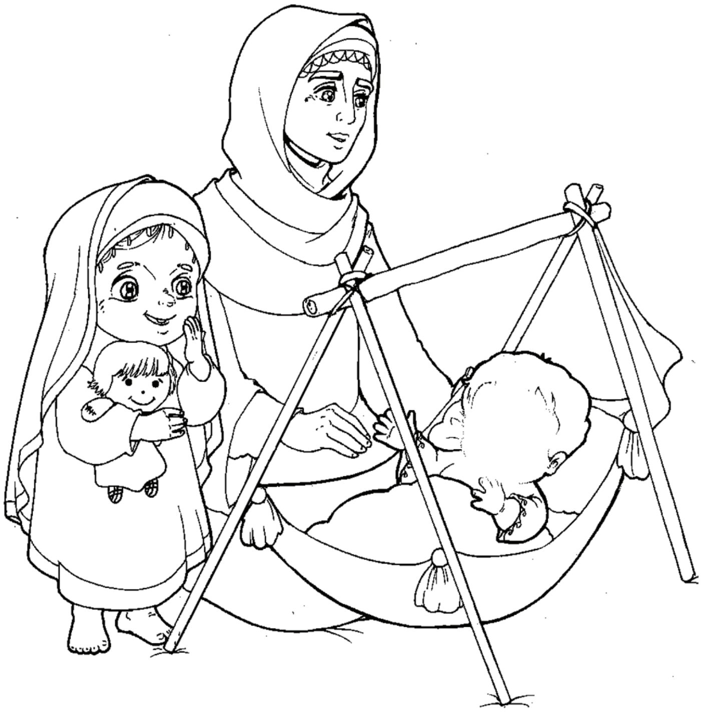
- DIY Quilt (http://www.orientaltrading.com/diy-look-its-me-photo-classroom-quilt-a2-56_9062.fltr?Ntt=quilt) OR hole puncher and yarn
- Scissors
- Crayons/coloring pencils/markers
- Coloring pictures on cardstock (Attached)



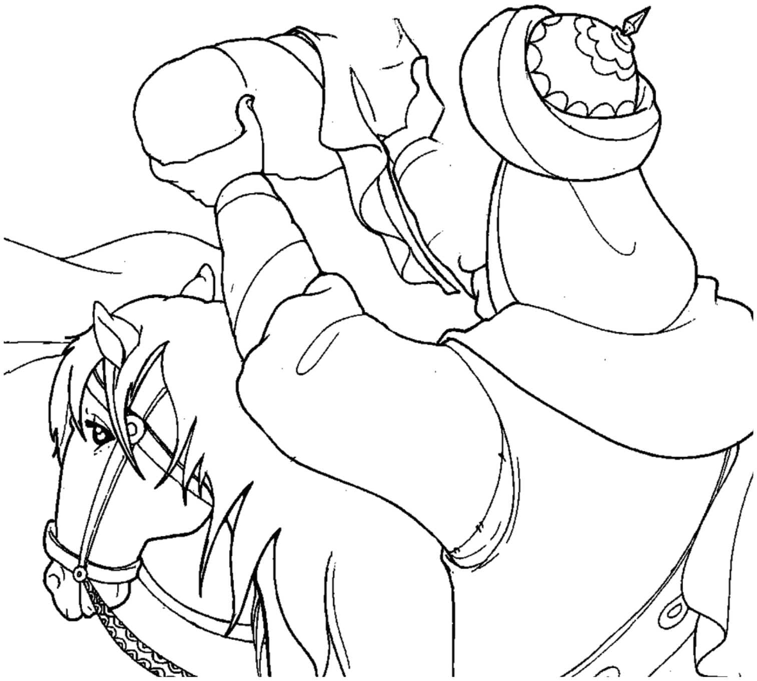
Procedure:

1. Ask students if they know what the word “Unity” means. Unity means putting aside your difference and coming together for a common cause.
2. Imam Husain’s (A) army had people from all different backgrounds. There were Arabs, Iranians, Africans, women, children, and men of all ages! They all came together for one reason - which was what? (protecting their Imam and serving Allah).
3. We can learn a lot of lessons from Imam Husain (A) and his companions, and one of these lessons is how we should also be united, even though we are different. We should come together to pray and remember Allah.
4. Today, we are going to create a Karbala Unity Quilt. We will color pictures of different scenes and put them together to remind ourselves of the unity in Karbala, and how when we work together, we can create something beautiful!
5. Pass out a coloring picture to each child along with colors. When they are done, they can stick in the DIY quilt. Or, you can punch holes in the corners and tie together the pictures with yarn/string.

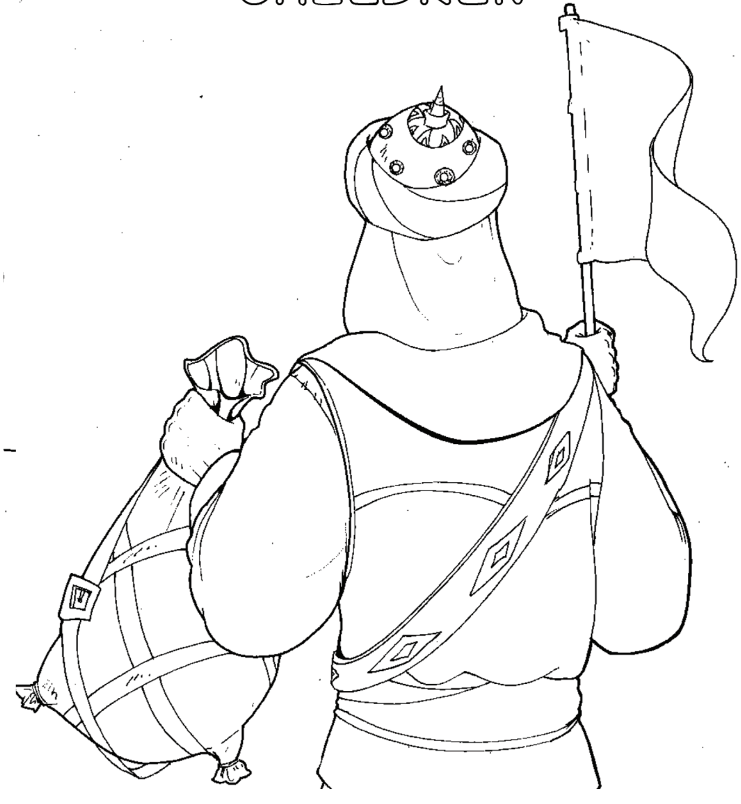
SAYYIDA SAKINA LOVED HER BROTHER ALI ASGHAR VERY MUCH



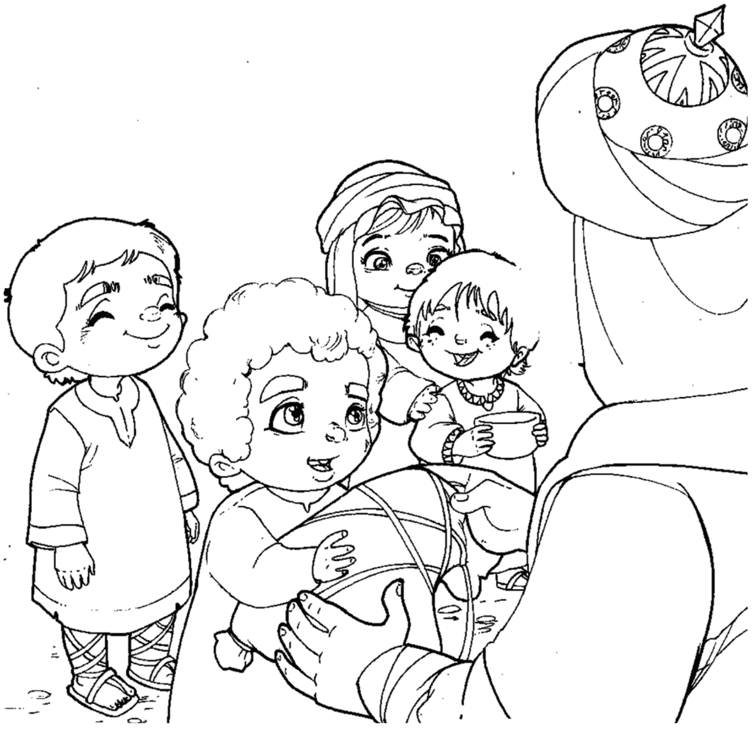
BABY ALI ASGHAR BECAME THE YOUNGEST SHAHEED AT ONLY 6 YEARS OLD



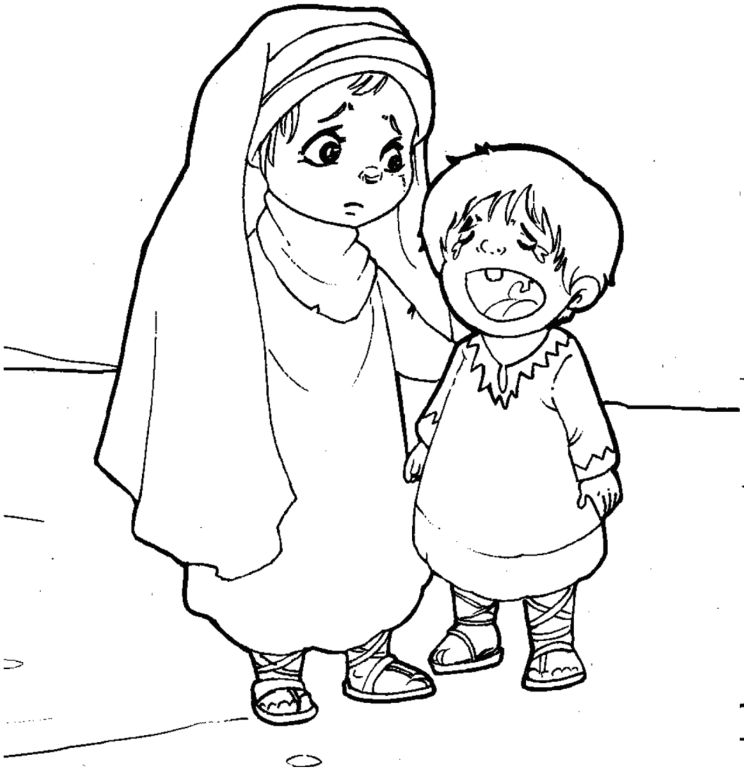
HADHRAT ABBAS SET OUT TO GET WATER FOR THE CHILDREN



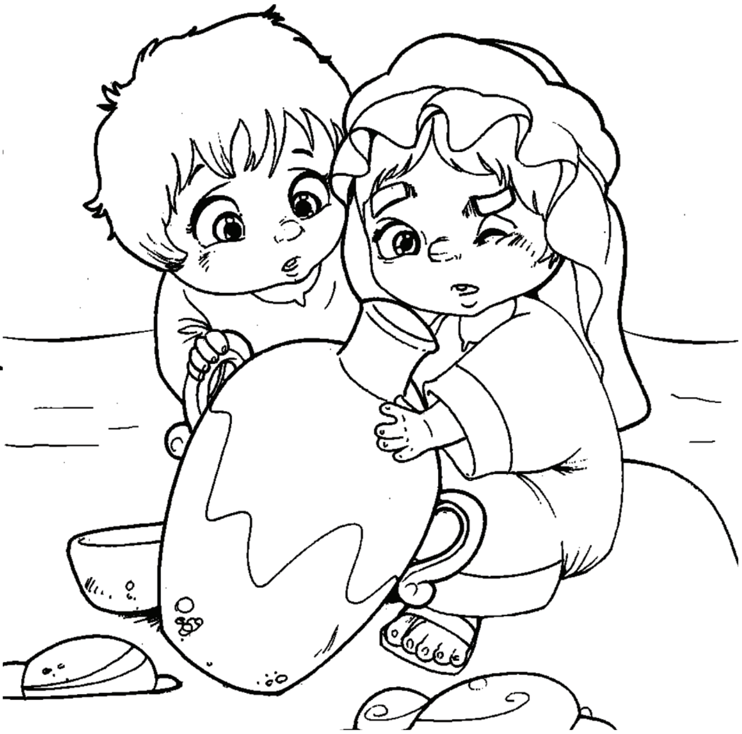
THE CHILDREN COULDN’T WAIT! SOON, HADHRAT ABBAS WOULD BRING THEM WATER!



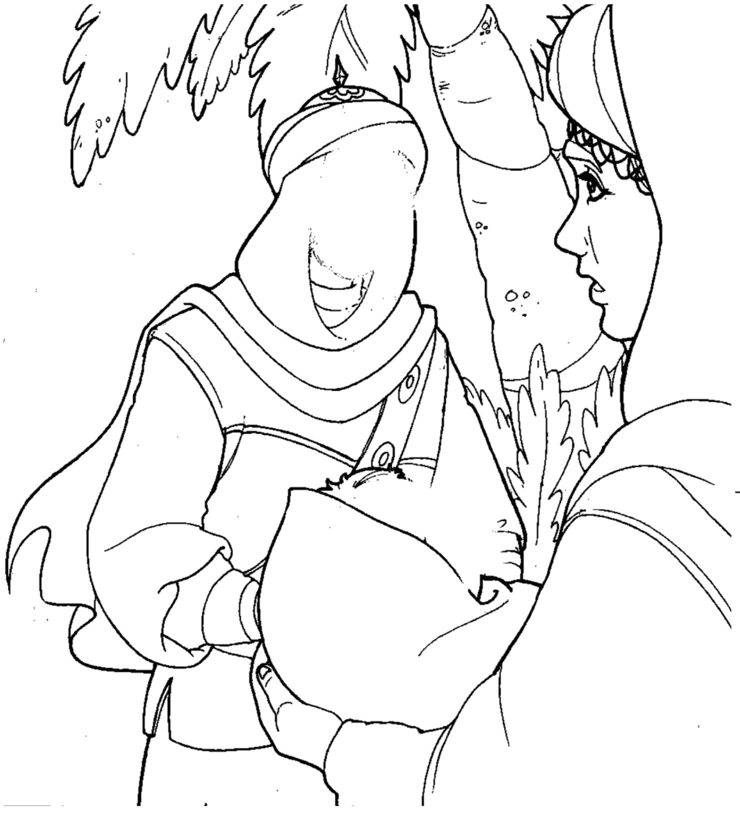
THE CHILDREN OF KARBALA CRIED. THEY DIDN'T HAVE A BABA ANYMORE!



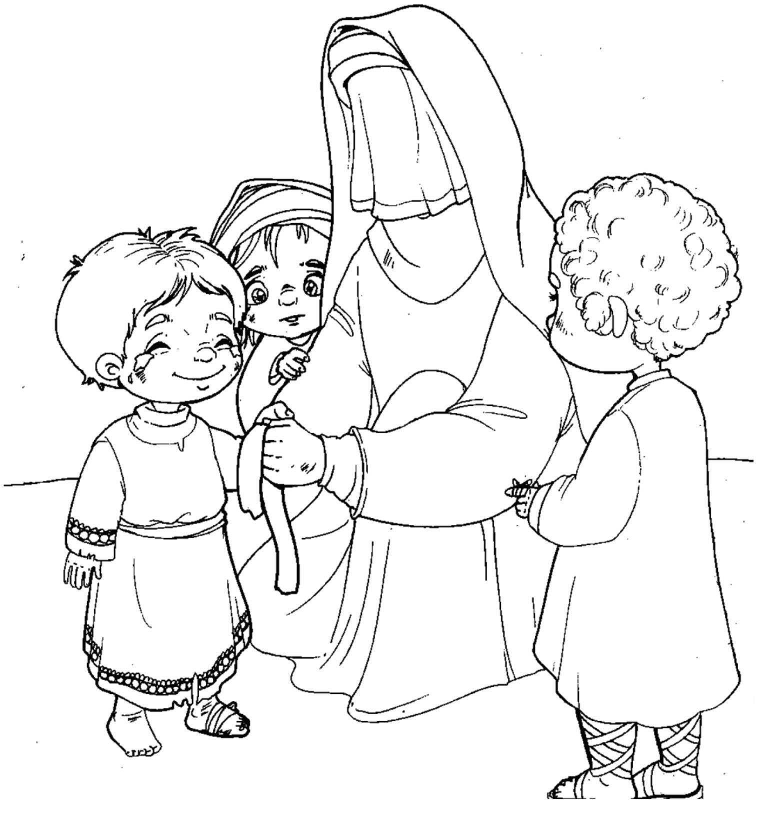
THE CHILDREN CRIED, "AL ATASH, WE ARE THIRSTY!"



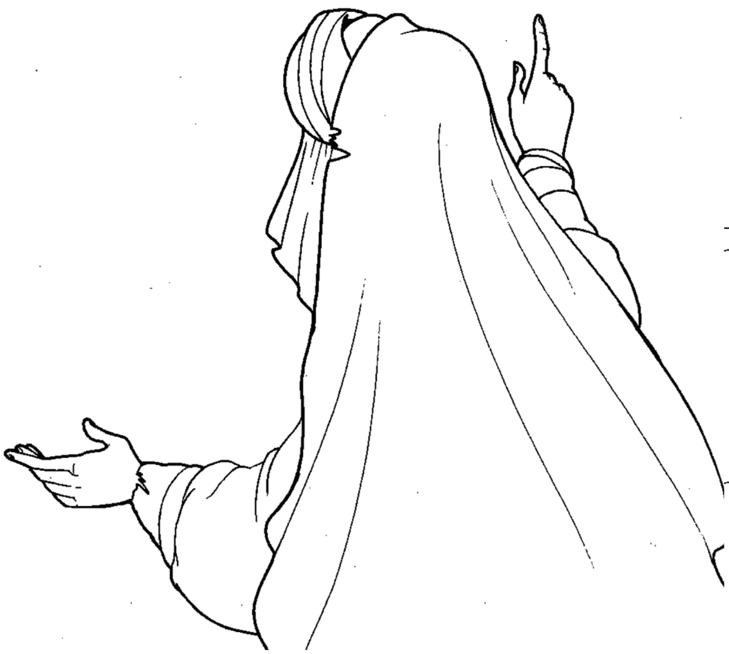
IMAM HUSAIN (A) TOOK ALI ASGHAR TO GET SOME WATER



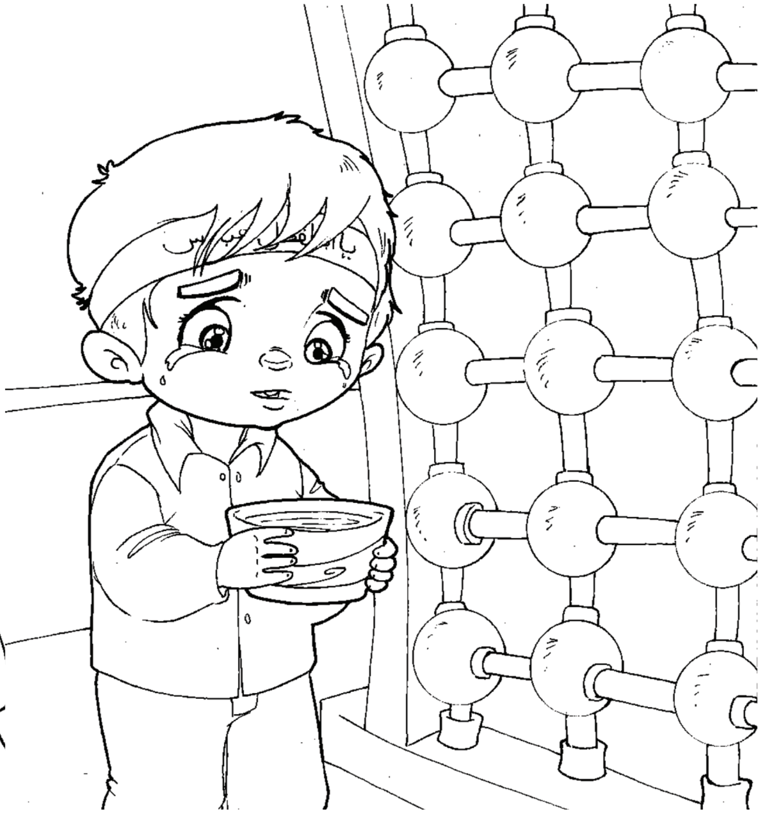
SAYYIDAH ZAYNAB (A) TRIED TO MAKE THE CHILDREN FEEL BETTER



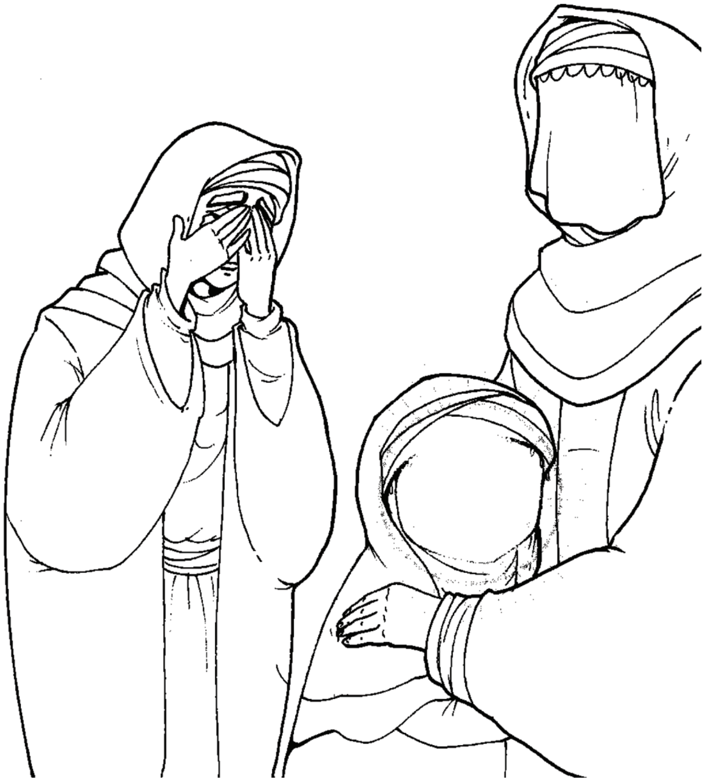
WHEN YAZID ASKED HER WHAT SHE SAW ON ASHURA, SAYYID ZAYNAB (A) REPLIED, “I SAW NOTHING BUT BEAUTY.”



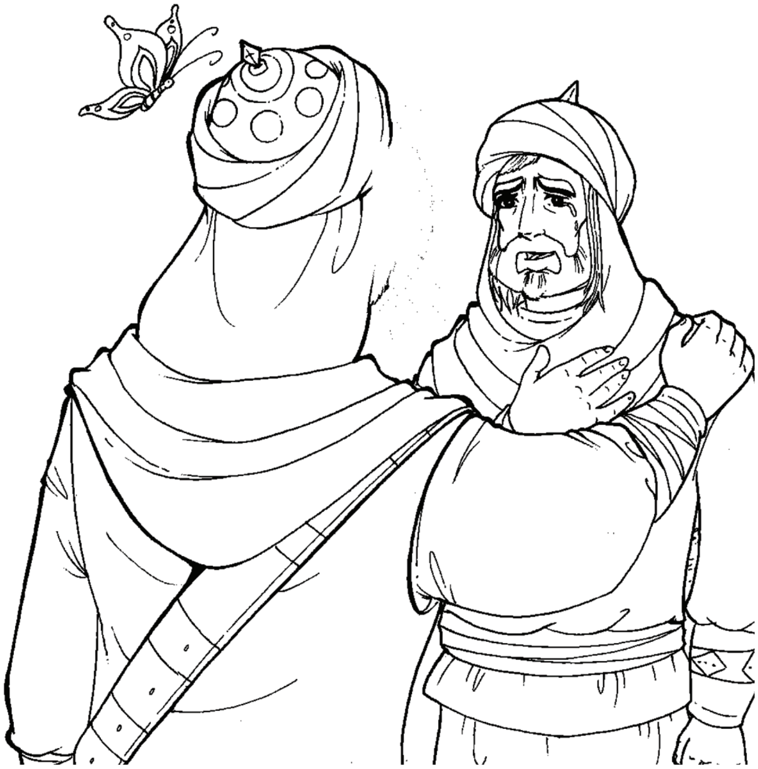
WHENEVER WE DRINK WATER, WE REMEMBER THE THIRST OF IMAM HUSAIN (A)



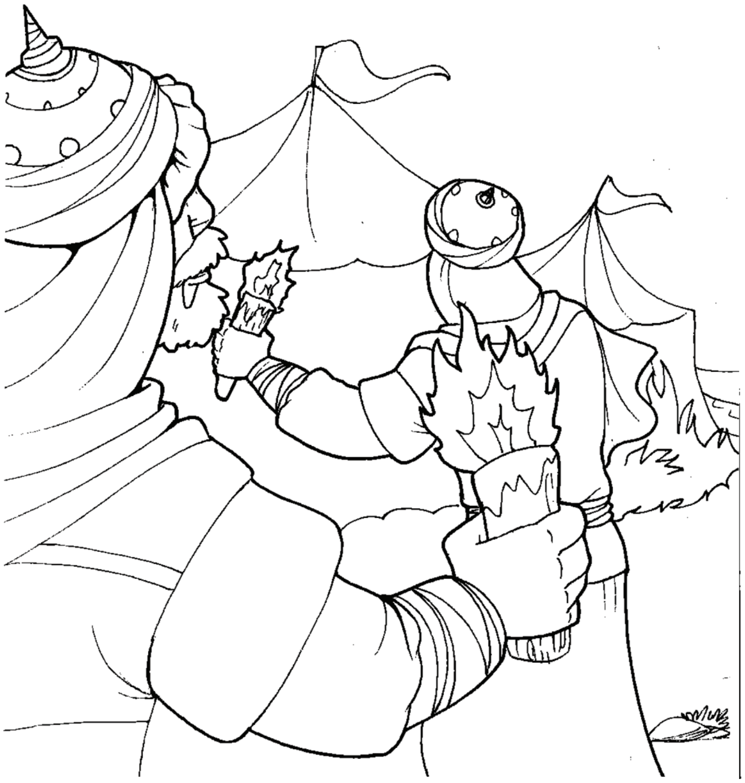
BEFORE IMAM HUSAIN (A) LEFT, SAYYIDA SAKINA HUGGED HIM ONE LAST TIME



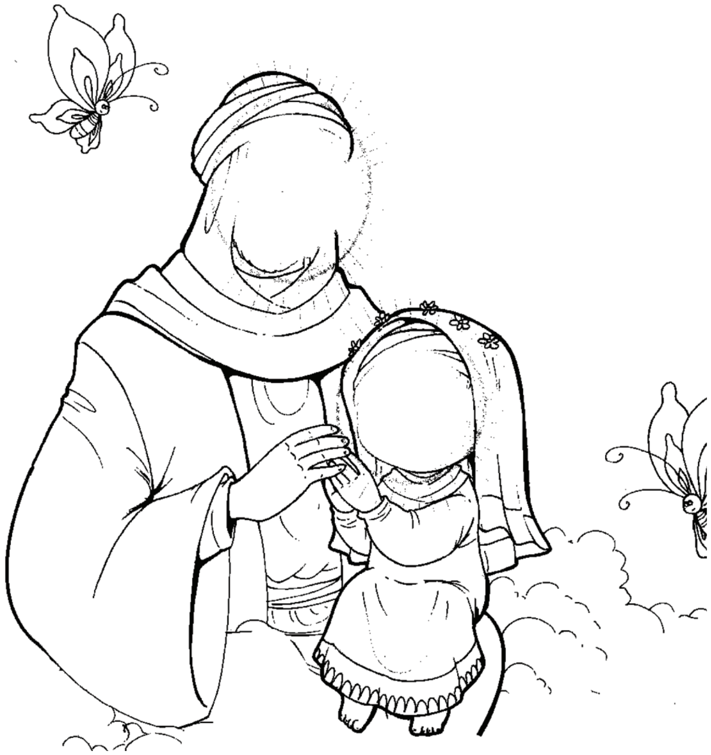
WHEN HUR ASKED FOR FORGIVENESS, IMAM HUSAIN (A) FORGAVE HIM RIGHT AWAY



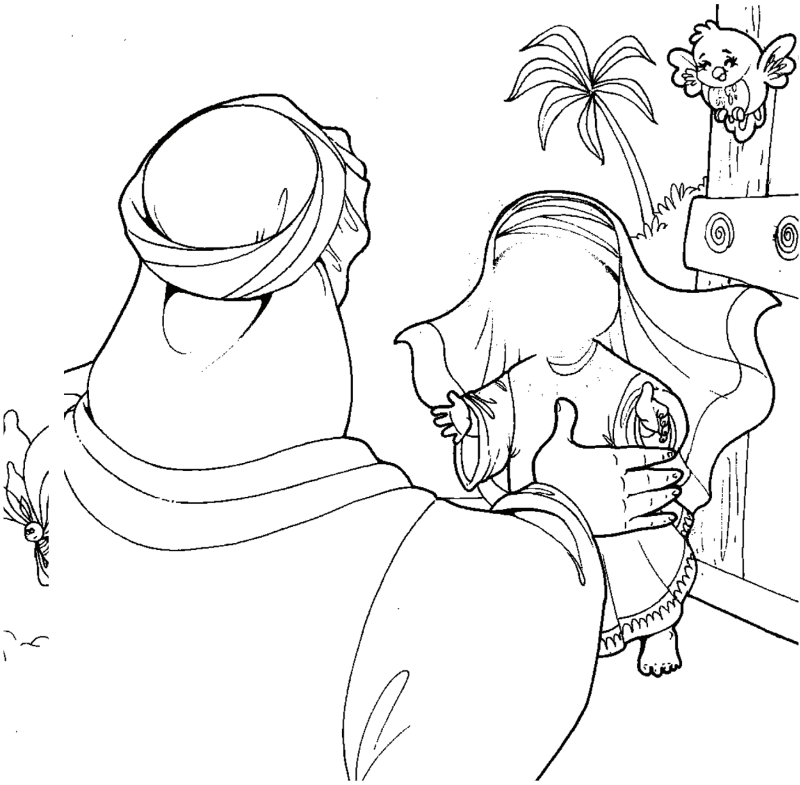
ON SHAAM-E-GHAREEBAN, THE ENEMIES SET FIRE TO ALL THE TENTS



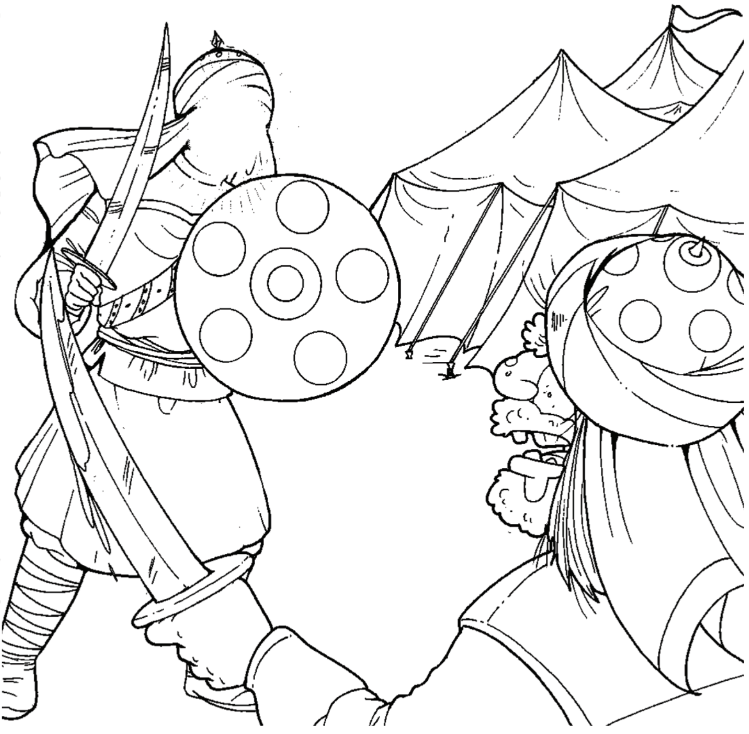
IMAM HUSAIN (A) LOVED SAYYIDA SAKINA A LOT, TOO!



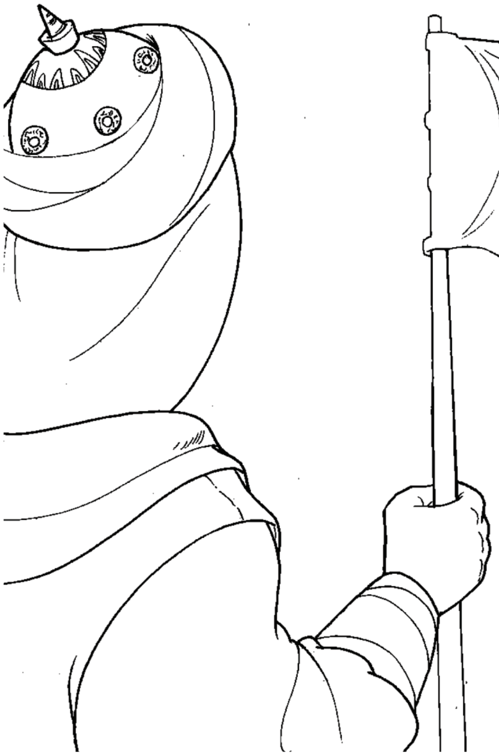
SAYYIDA SAKINA LOVED HER FATHER, IMAM HUSAIN (A), VERY MUCH!



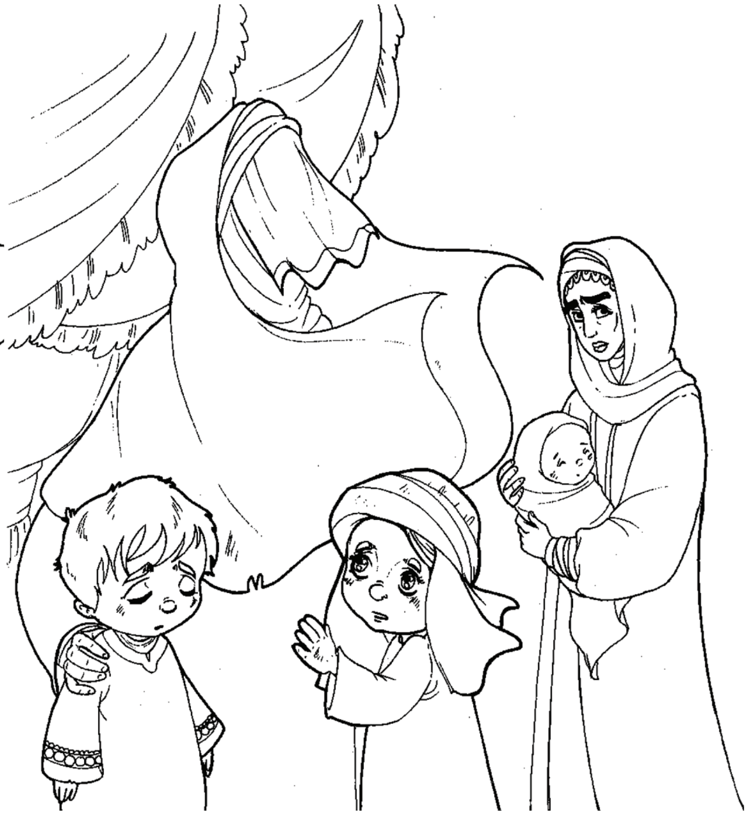
IMAM HUSAIN (A) AND HIS SOLDIERS FOUGHT VERY BRAVELY!



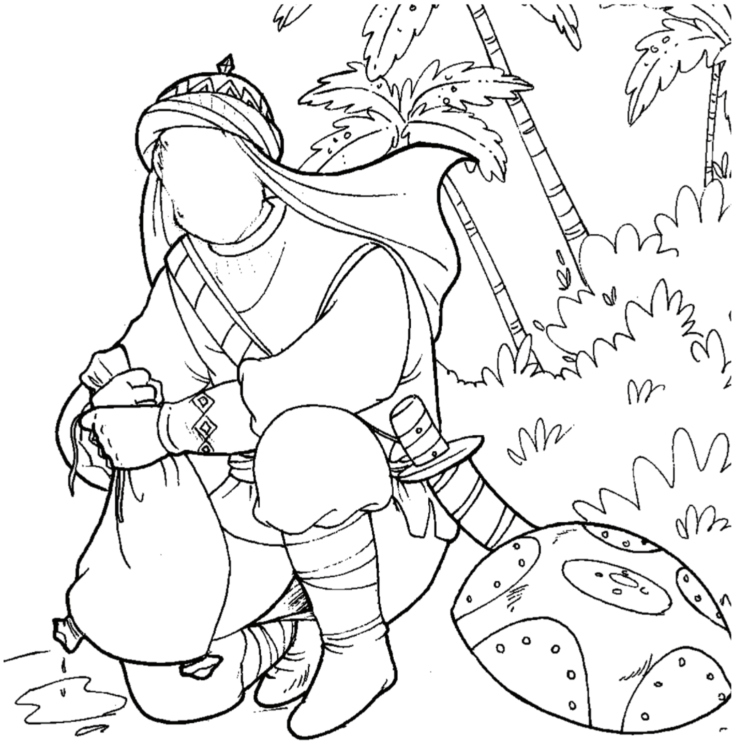
HADHRAT ABBAS WAS THE FLAGBEARER OF IMAM HUSAIN'S (A) ARMY



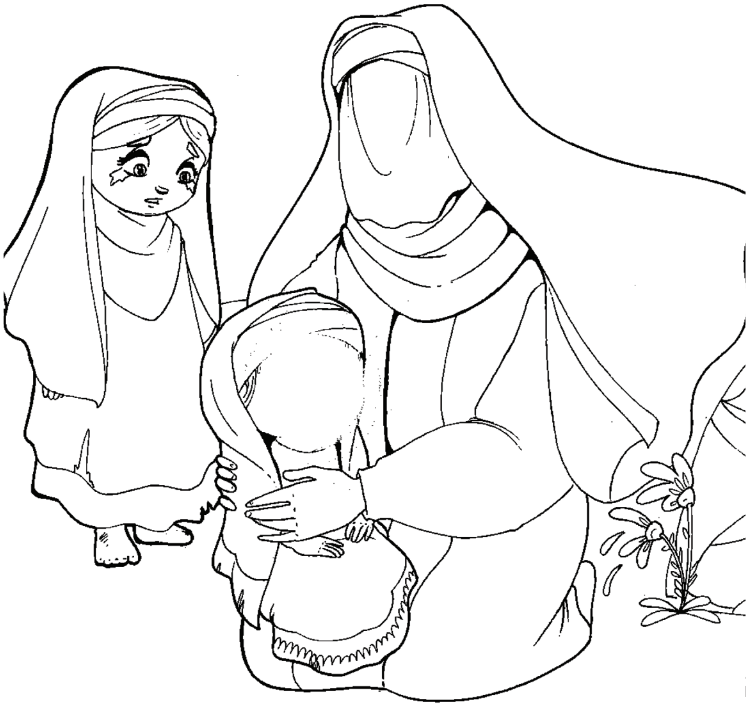
AFTER IMAM HUSAIN (A), SAYYIDA ZAYNAB (A) BECAME THE PROTECTOR OF THE WOMEN AND CHILDREN



HADHRAT ABBAS FILLED HIS WATERBG WITH WATER, BUT NEVER MADE IT BACK TO THE TENTS



SAYYIDA ZAYNAB (A) TRIED TO GET THE CHILDREN TO STOP CRYING



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